SURVIVORS OF SUDDEN LOSS GRIEF SUPPORT GROUP

For anyone who has experienced a sudden or unexpected loss of a loved one.

Sudden losses can be especially difficult and can challenge your sense of security and confidence in the predictability of life. This ongoing group provides a supportive atmosphere for you to hear others’ stories of sudden loss and better understand how to navigate through the grief process.

“This group helped me find my way through the sudden death of my husband and find hope.”—Jodi

Meeting Dates: 1st and 3rd Thursday of every month
Time: 6:30 p.m. to 8:00 p.m.
Place: Boulder
Contact: Halcyon Grief Support at 720-325-2987 or griefsupport@myhalcyon.org