



RELEASE & REMEMBER

Halcyon Hospice Community Remembrance and Butterfly Release

"What the caterpillar perceives as the end,
to the butterfly is just the beginning" - Lao Tzu.



Please join us for our first annual Spring remembrance event and butterfly release. This event is intended to provide a nurturing, renewing experience for people grieving the loss or honoring a loved one. It also gives guests the opportunity to reunite with Hospice associates and volunteers. Guests enjoy refreshments, music, fellowship, a memorial service and a butterfly release with other families, Hospice associates and volunteers. This event is free and open to the public. Please contact Halcyon Grief Support for more info or to RSVP.

Monday, June 3, 6:00-7:30 pm
Charles C. Winburn Park, 11154 Huron St., Northglenn

PROGRAMS FOR COPING WITH ALZHEIMER'S OR OTHER DEMENTIA RELATED LOSSES

The loss of loved ones to Alzheimer's or other dementias creates a unique grief process. Halcyon Hospice and Heartlight Center are working together to create programs that are offered as a safe and supportive environment in which to share and learn... to look back and look ahead. We hope you will join us in caring for yourself as you remember and reflect.



A Loving Commemoration and Celebration of Life:

An Afternoon of Remembrance for Those Lost to Alzheimer's or Other Dementias

Share stories of love and support and mementos of your loved ones in a community of comfort.

Sunday, August 18, 2:00-4:00 pm, Broomfield Public Library, Broomfield
Sunday, October 6, 2:00-4:00 pm, HeartLight Center, Denver

Remembering Our Lives After Dementia Loss:

A 4 week group for those who have experienced a dementia-related death or loss. The group is limited to 10 participants and registration is required. Please contact Halcyon Hospice Grief Support at 720-325-2987 or griefsupport@myhalcyon.org

Mondays, Sept 16, 23, 30, Oct 7, 10:30-12:00 pm, Broomfield Community Center
Tuesdays, Nov 5, 12, 19, 26, 7:00-8:30 pm, Heartlight Center, Denver

Co-sponsored with Broomfield Senior Center & Heartlight Center
In loving memory of Larry Schwartz



Please contact Halcyon Hospice Grief Support at 720-325-2987 or griefsupport@halcyonhospice.org if you would like to access grief counseling, learn more about support groups or have any questions about your grief process.

Please let us know if at any time you would no longer like to receive our mailings.

Ongoing Support Groups

BOULDER

Survivors of Sudden Loss Grief Support Group

An ongoing resource for those who have experienced a sudden, unexpected or accidental death.

Meets 1st & 3rd Thursdays of every month, 6:30 - 8:00 pm

Spouse/Partner Loss Grief Support Group

An ongoing resource for those who have experienced the death of a spouse or partner.

Meets 2nd & 4th Thursdays of every month, 6:30 - 8:00 pm

Walking Through Grief: A Trail Walking Group

This group is designed to be a safe place to get some gentle exercise and have a quiet time with supportive companions.

Seasonal, Call for more information

BROOMFIELD

Broomfield Daytime Grief Support Group

This group is an ongoing resource for those who have experienced a death loss.

Meets 1st & 3rd Wednesdays of every month, 10:30am - 12:00pm

*Co-sponsored with Broomfield Senior Center

NORTHGLENN

Spouse/Partner Loss Grief Support Group

Ongoing resource for those who have experienced the death of a spouse or partner.

Meets 2nd Monday of every month, 6:00-7:30pm

*Co-sponsored with Heartlight Center

LOVELAND

Resilience Book Circle

Join our book circle as we share discussions that present helpful ideas about how to face loss and adversity in our lives.

Meets June 27, July 25, August 29, 1:00-2:30 pm

Grief Mask Workshop: An Inward and Outward Journey for Those Who Are Grieving

Masks have been used by all cultures and for all time to pretend, protect, disguise and hide. In this informal workshop, you will have the opportunity to create your own grief mask and explore what's hidden inside. Group size is limited registration is required. \$10 suggested donation for materials.

Meets Thursday, May 23, 1:00-2:30 pm, Loveland

EQUINE ASSISTED GRIEF SUPPORT

Halcyon Hospice partners with Dancing Spirit Equine Facilities to offer equine assisted groups and workshops. Please contact Halcyon Grief Support to learn about future offerings or more information about these programs.

For more information or to register contact: Halcyon Grief Support 720-325-2987
or griefsupport@myhalcyon.org or visit our website at www.halcyonhospice.org